

## **Together for West Somerset Community Offer for Summer Holidays**

Please find below details of the enhanced community offer. All of these support opportunities are being offered free of charge for the whole community.

Further support is available via the existing community provision, further details on what is available can be found here: [What's on - Kite West Somerset](#) & [Community Hubs directory](#)

### **Minehead Eye – Community Hub Drop In**

Day: 7 days per week                      Timings: 10am – 6pm on a drop in basis

Venue: Minehead Eye, 1 Mart Road, Minehead TA24 5BJ

A space for anyone (families, residents and staff) to drop in for a hot/cold drink, company and if needed emotional support from Minehead Eye and Young Somerset trauma informed trained staff.

This offer will run for the duration of the school holidays.

### **Village Agent Service - Thrive (Community Council for Somerset)**

The Village Agent service supports anyone living in West Somerset who needs some additional support during difficult and worrying times. This includes support for adults/staff.

You can access your local Village Agent through one of our Talking Cafes:

- Every Monday morning 10.00am – 12noon @ Minehead Methodist Church
- Every Tuesday afternoon 1.00pm – 3.00pm @ Williton Pavilion
- Every Thursday morning 10.30am – 12:30pm @ Fisher Mead Community Centre, Dulverton

Or directly by requesting a call back via completion of the online form [Thrive Referral Inbox](#)

Or by calling 01823 331222

## Healthy Happy Holidays

### 1. SASP in partnership with Number 1 South West

The following activities are being offered on a drop-in basis. Children will need to bring snacks and a water bottle. Booking is not essential but does help the planning, so where possible please confirm attendance via email at [hhh@sasp.co.uk](mailto:hhh@sasp.co.uk). For those that need it, transport can be arranged on request, please email [hhh@sasp.co.uk](mailto:hhh@sasp.co.uk) to request this.

**Activity:** A range of activities including games, arts & crafts, mindfulness/Pilates, board games, quiet corner.

Dates	Times	Venue
Thursday 24 <sup>th</sup> July	2.00pm – 4.30pm	Tithe Barn & Dunster Village Gardens
Friday 25 <sup>th</sup> July	9.30am – 12noon	Tithe Barn & Dunster Village Gardens

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**Activity:** Games, arts & crafts, mindfulness/Pilates, board games, quiet corner. Emotional support will be available from the wider Young Somerset team.

Dates	Times	Venue
Monday 28 <sup>th</sup> July	2.00pm – 5.00pm	West Somerset College
Wednesday 30 <sup>th</sup> July	2.00pm – 5.00pm	West Somerset College
Friday 1 <sup>st</sup> August	2.00pm – 5.00pm	West Somerset College

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**Activity:** Quiet activities and traditional games

Dates	Times	Venue
Wednesday 6 <sup>th</sup> August	2.00pm – 4.30pm	West Somerset College
Thursday 7 <sup>th</sup> August	2.00pm – 4:30pm	West Somerset College

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**Activity:** Games, arts & crafts, mindfulness/Pilates, board games, quiet corner. Emotional support will be available from the wider Young Somerset team.

Dates	Times	Venue
Monday 11 <sup>th</sup> August	2.00pm – 5.00pm	West Somerset College
Wednesday 13 <sup>th</sup> August	2.00pm – 5.00pm	West Somerset College

Friday 15th August

2.00pm – 5.00pm

West Somerset College

## **2. SASP Coaches – Recreational Stay & Play**

Recreational stay and play sessions, open to all affected children and their siblings. Trauma-informed SASP staff will be leading and supporting the sessions.

No pre-booking needed as contact and medical info will be captured on arrival.

Children and young people will need to bring a packed lunch, snacks and water.

<b>Dates</b>	<b>Times</b>	<b>Venue</b>
Tuesday 5th August	9.00am–3.00pm	West Somerset College
Tuesday 12th August	9.00am–3.00pm	West Somerset College
Tuesday 19th August	9.00am–3.00pm	West Somerset College
Tuesday 26th August	9.00am–3.00pm	West Somerset College

## **3. Minehead Eye – Summer Well-being and activity sessions**

Holiday Activity and Food provision has been expanded by 4 extra sessions on a Tuesday. The team at Minehead Eye will be offering multi activity sessions exclusively for year 5 students.

<b>Dates</b>	<b>Times</b>	<b>Venue</b>
Tuesday 29 <sup>th</sup> July	9.30am – 1.30pm	Minehead Eye
Tuesday 5 <sup>th</sup> August	9.30am – 1.30pm	Minehead Eye
Tuesday 19th August	9.30am – 1.30pm	Minehead Eye
Tuesday 26th August	9.30am – 1.30pm	Minehead Eye

Here's a message from the Minehead Eye team

*Please come and chill in the centre, or join us to scoot, skate, climb, music, team games as well as some food! Whatever you fancy having a go at!*

*We will also have a chill space and people you can have a chat with regarding anything you want! We're very much here for you guys so come and join us if you can!*

*Book your space really easily through the Minehead Eye website via this link*

*<https://fareharbor.com/embeds/book/mineheadeye/items/654361/?full-items=yes>, or give us a call on **01643 703155**. Hope to see you guys soon, take care.*

Further support is available via the core Healthy Happy Holiday programme. To enquire on what dates are available and to book please email [hkh@sasp.co.uk](mailto:hkh@sasp.co.uk)

## **Pop-Up Tots – Young Somerset**

Welcoming, fun, and interactive drop-in play sessions where families can access informal support, connect with others. These sessions will be open to tots, their siblings and parent/carers. Emotional support will be available from the wider Young Somerset team. No booking needed, just drop in.

<b>Dates</b>	<b>Times</b>	<b>Venue</b>
Tuesday 29 <sup>th</sup> July	9.00am – 11.00am	Sainsbury Hall, TA24 8UA
Tuesday 5 <sup>th</sup> August	9.00am – 11.00am	Sainsbury Hall, TA24 8UA
Tuesday 12 <sup>th</sup> August	9.00am – 11.00am	Sainsbury Hall, TA24 8UA
Tuesday 19 <sup>th</sup> August	9.00am – 11.00am	Sainsbury Hall, TA24 8UA
Tuesday 26 <sup>th</sup> August	9.00am – 11.00am	Sainsbury Hall, TA24 8UA

## **Where to Seek Further Help**

If you need to talk to someone: Mindline – 0800 138 1692

Somerset's 24-hour mental health helpline

<https://www.mindinsomerset.org.uk/our-services/adult-one-to-one-support/mindline/>